

## APPROVED: 3/21/24 Wellness Committee Meeting Minutes

**Meeting Date:** 3/21/24 - 8:00am - District Office

**Attendance:**

**Present:** Kristen Dainty, Matthew Flusser, Kurt Jesman (8:23am), Marie Johnson, John Lumia (8:17am), Sharon McDonough (invited), Gina Nicolari, Courtney Novick, James Spencer (8:21am)

**Absent:** Andrea Cucci, Walter Gulick, Kelly Jackman, , Michael McFarland, Terrence Thompson

**Motion to begin:** 8:01am - Ms. Nicolari; Mrs. Johnson (1st; 2nd; all in favor)

**Meeting Minutes:** 1/10/24 minutes approved - Mr. Spencer; Ms. Nicolari (1st; 2nd; all in favor)

**General Discussion:**

Slight modifications to the flow of the 2024 Wellness survey, wording and timeline for distribution. Parent/Guardian sent on 4/12/24; Student Survey to WCSD email on 4/15/24. Copies of the student survey are available upon request of parents. Mrs. Dainty to notify building principals in early April about timeline and ask to encourage student participation through daily announcements, faculty meetings, PTA, possibly taking survey in Homeroom or in PE Classes, etc. Mrs. See will also be contacted to add a survey link to the WCSD website and the weekly rewind. A suggestion was made to provide contact information regarding wellness resources to the WCSD community. A note/link will be added to the parent/guardian email.

Mr. Flusser provided an update on food service. By June, menu options will be migrated to an App called NutriSlice. This interactive website provides a lunch calendar, nutritional information (gluten free, non-dairy, etc) and an option for translation, etc.

Mrs. Dainty noted that a local school district is offering free meals to students in select buildings due to the Community Eligibility Program (CEP) for Free and Reduced meals. The WCSD BOE is aware of this program, however only 3-4 WCSD buildings would be eligible based on requirements. Newburgh and Poughkeepsie school districts already offer free meals district-wide as they meet the NYS qualifications.

Mrs. Johnson noted that she would like to see better participation within the WCSD with regard to the Free and Reduced meal program to eligible families.

**Motion to adjourn:** 8:44am - Mrs. Johnson, Ms. Nicolari (1st; 2nd; all in favor)